

M. Sc. PSYCHOLOGY

Title of the Programme	Programme Objectives
M. Sc. Psychology	<ol style="list-style-type: none">1. To promote the knowledge of Psychology and to encourage upon choosing Psychology as a career through providing opportunities for further education in Psychology.2. To explore new ventures in Psychology that would help in uplifting Mankind.3. To create a culture of learning Psychology by activities and experiences.4. To maintain and enhance quality in teaching, research and development in the field of Psychology.5. To remove any imbalances that exist at present in reaching out to the knowledge of Psychology from the student's very own place.6. To provide opportunities of Higher Education to socially-deprived communities and remove disparities by promoting the inclusion of women, minorities and differently-abled persons.

Title of the Programme	Programme Specific Outcome
M. Sc. Psychology	Students who successfully complete the programme will be competent to: <ol style="list-style-type: none">1. Become Psychologists & Counsellors in Hospitals, Schools, Colleges, Correctional Centres and Deaddiction Centres2. Pass NET /SET or UPSC examinations3. Work as Psychologists or Counsellors in NGOs4. Research Fellows in Psychology Labs in India and abroad.

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Course Outcome

S. No.	Title of subject / course	Course outcome
1.	Advanced General Psychology	This course facilitates an understanding of how Psychology deals with many problems of everyday life.
2.	Biological Psychology	This course facilitates the study of the physiological, evolutionary, and developmental mechanisms of behavior and experience. The goal is to relate biology to issues of Psychology.
3.	Life Span Development	This course facilitates an understanding about Human development – its universal features, its individual variations, and its nature.
4.	Historical foundations of Psychology	The primary purpose of this course is to provide comprehensive overview of the history of psychology. This deals with some of the most important issues and ideas in the history of psychological thought.
5.	Health Psychology	This course is a new field and chief among the developments has been the use and facilitates the understanding of refinement of the biopsychosocial model
6.	Positive Psychology	This is an exciting course presents new frameworks for understanding positive emotions and human strengths.
7.	Advanced Social Psychology	This course facilitates an understanding of the social side of life is perhaps the most central aspect of our daily lives. It helps us to understanding how and why individuals behave, think, and feel as they do in social situations.
8.	Theories of Personality	This course covers the various ideas psychologists and other scientists have advanced to explain the human personality.
9.	Psychological Statistics	The knowledge of statistics is essential for researchers in organizing and conducting psychological researches.
10.	Psychotherapy	This course focuses on how to conduct therapy and also of the underlying reasons why to work that way.

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11.	Test Construction	This course facilitates an understanding of how to measure differences between individuals or between the reactions of the same individual under different circumstances.
12.	Life Skills for Youth	This course is designed to inculcate positive practices within the students that bring about better health, wealth and happiness. The course will aim at making the students become constructive persons of the society.
13.	Psychopathology – I	This course is concerned with understanding the nature, causes, and treatment of mental disorders.
14.	Guidance and Counselling Psychology	The basic objective of this course is to provide a clear but concise account of the different aspects of counseling psychology. Counselling, as a helping profession, desires to bring about changes in knowledge, attitudes and behavior of individuals employing different approaches.
15.	Research Methodology	Examining critically the various aspects of day-to-day professional work; understanding and formulating guiding principles that govern a particular procedure; and developing and testing new theories that contribute to the advancement of your practice and profession.
16.	School Counselling	This School Counselling course lays out appropriate roles and functions of school counselors at various school levels, coordination of professional services; and professional issues such as ethics and associations as they specifically relate to school counseling.
17.	Workplace Counselling	Counselling for work related and personal problems would encompass coping with crisis, conflict management, improving morale, personal efficacy and relationships.
18.	Basic Counselling Skills	This course includes theory as well as ideas for practice. Counselling has a wide range of applications.

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19.	Psychopathology – II	This course is concerned with understanding the nature, causes, and treatment of mental disorders.
20.	Behaviour Modification	This course is designed to help you to learn to talk about and apply behavior modification principles and techniques effectively.
21.	Human Resource Development Psychology	This course aims at developing a variety of competencies of employees and developing a culture in the organization to utilize these competencies and contribute to organizational growth.
22.	Training & Development	This course facilitates an understanding of how to work with teams, how to develop leaders, and how to respect diversity as well as how to alleviate individual skill gaps.
23.	Psychology of Addiction	This course will focus primarily on: (1) the nature of commonly used and abused substances; (2) the psychological and neurobiological understandings of substance use, misuse, and addiction; and (3) the treatment approaches that are informed by the cognitive, psychodynamic, behavioral, and experiential traditions